



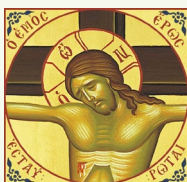
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Fourth Week of Great Lent Saturday



Do not look back, my soul,
and so be turned into a pillar of salt.
Fear the example of the people of Sodom,
and take refuge in Zoar.

