



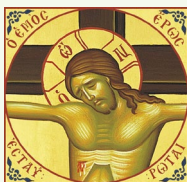
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

† First Sunday of Great Lent Sunday of Orthodoxy



I have discoloured Thine image
and broken Thy commandment.
All my beauty is destroyed and my lamp
is quenched by the passions, O Saviour.
But take pity on me, as David sings,
and restore to me Thy joy.

