



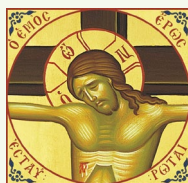
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

First Week of Great Lent

† Clean Tuesday



I have sinned, O Christ my God,
I have sinned, rejecting Thy commandments.
Be merciful to me, O Benefactor, that,
escaping from the darkness, I may see with
my inner eyes, and cry to Thee in fear:
Before I perish utterly, save me, O Lord.

